

midwives  
sage-femmes



ostetrica  
hebammen

VERLOSKUNDIGEN  
101

## PRACTICAL INFO ABOUT NIPT

The NIPT (**N**on **I**nvasive **P**renatal **T**est) is a screening test in which a blood sample from a pregnant woman is tested. If this screening test shows that the baby may have Down syndrome, Edwards' syndrome or Patau's syndrome, follow-up diagnostic testing is needed, just to be sure.

In the Netherlands, the NIPT is only an option if you are participating in a scientific study (TRIDENT-2). You would have to give researchers permission to use your data. This involves signing a consent form. At [www.meerovernipt.nl](http://www.meerovernipt.nl) you can read more about the scientific study and what happens to your data.

You can also ask to be informed about any chromosome abnormalities other than Down syndrome, Edwards' syndrome or Patau's syndrome. We call these secondary findings. The laboratory can only find very serious abnormalities in the chromosomes, so any minor abnormalities will not show up. To be clear: the severity of the problem does not just depend on the size of the abnormality. Chromosomal abnormalities usually have serious consequences. If there is a secondary finding, then follow-up diagnostic testing is needed, in order to assess what this means for you or your baby. About 4 in every 1,000 women who opt for NIPT are told that there is a secondary finding.

Take a look at [www.onderzoekvanmijnongeborenkind.nl](http://www.onderzoekvanmijnongeborenkind.nl) for more information about NIPT and secondary findings. If you opt for NIPT, you should also indicate whether you want to be told about any secondary findings.

The NIPT can be performed from 11 weeks of pregnancy onwards.

## HOW TO APPLY FOR NIPT

If you would like to have the NIPT done, please send an email **after your dating scan** to [info@verloskundigen101.nl](mailto:info@verloskundigen101.nl) with the following details:

- Initials & last name
- Date of birth
- Estimated due date (confirmed by ultrasound)
- If you would like to know **secondary findings**
- Is the research group allowed to use your **blood sample** for further research
- Your length and weight

Only **after** your dating scan, we can create the form "**Bloedafname NIPT**" in a secure application. We will send you your form via Zorgmail Secure e-mail to take with you to the laboratory. The **consent form** for the study will be attached to the email as well. Please sign it and email to us so we can apply for your NIPT.

By choosing the NIPT, you allow the research group to use your data anonymously for their study (TRIDENT-2).

## HOW TO PAY

After receiving the form "Bloedafname NIPT" you can pay via the link below. **The laboratory will only perform the NIPT if you can prove you have paid the test.**

To pay, please fill in your personal "**Peridoscode**" (which can be found on the top right corner of your Bloedafname NIPT form), **your email** and the **location** of the NIPT (see picture below).

At "**locatie NIPT-laboratorium**" please fill in "VUmc". Our laboratory SHO (at Echo Amsterdam) sends the samples to the VUmc to have them processed there.

### Payment confirmation

After filling in your code, email and location, you will be send through to a secure pay page where you can pay by iDeal or creditcard. If the payment was successful you can download the confirmation.

Furthermore the confirmation of your payment will be send to your email address.

[NIPTBETALEN.NL](https://www.niptbetalen.nl)

## BLOODTEST & RESULT

### NIPT blood test

The blood test can be performed from **11 weeks of pregnancy onwards**. It's usually combined together with the standard first trimester bloodtest (bloodgroup, rhesus factor, iron level etc), which is automatically sent to the lab digitally by us. Please mention at the lab to double check this.

At the location of **Echo Amsterdam** the laboratorium **SALT** is positioned which performs the **NIPT**.

### Opening hours:

Mon to Fri 08:00 a.m. to 2:00 p.m.  
Sat 09:00 a.m. to 11.00 a.m.

### IMPORTANT!

Don't forget to take a **printed** "Bloedafname NIPT" form and to bring a valid ID. Without these documents, they won't be able to do the NIPT.

### Result of the NIPT

If the result of the NIPT is good, we will send it to you by Zorgmail Secure e-mail after a maximum of 2 weeks. In the email is a green button. Via this button you will receive a code, with this code you can open the e-mail. If further tests are indicated you will receive a call from one of our midwives.

**PERIDOS**  
SCREENING

**Bloedafname NIPT**  
Peridoscode N123456789

Gekozen test T21, T18, T13 + nevenbevindingen

Gegevens zwangere		Gegevens aanvrager	
<b>Naam</b>	A. van Veen	<b>A van der Vlist</b>	
<b>BSN</b>	728315105	<b>De Nieuwe Spruyt</b>	
<b>Geboortedatum</b>	01-01-1991	<b>Dorpstraat 2</b>	
		<b>1234 AB Dinkel</b>	
		<b>Telefoon: 06-87654432</b>	
		<b>E-mail: info@denieuwespruyt.nl</b>	

**Barcode buis 1** [Barcode buis 1]  
**Barcode buis 2** [Barcode buis 2]

**Gegevens bloedafnamepost**  
**Bloedafnamedatum**  
Dag: | Maand: | Jaar: 20

Stuur het monster op naar **EMC**

In te vullen door een medewerker op de bloedafname locatie  
 Ik heb het betalingsbewijs gecontroleerd, inclusief de Peridoscode en het afschrift bijgevoegd.

**Informatie voor de zwangere**

- Voordat u bloed laat afnemen moet u eerst uw eigen betaling van €175,- hebben voldaan.
- Betalen kan alleen digitaal via de website [www.niptbetalen.nl](https://www.niptbetalen.nl). Het is niet mogelijk om bij de bloedafname locatie te betalen.
- Houd bij het betalen dit bloedafnameformulier bij de hand. Er staan gegevens op die u nodig heeft.
- Na betaling wordt een betalingsbewijs gestuurd naar het door u opgegeven e-mailadres. Het betalingsbewijs moet u kunnen laten zien bij de bloedafname locatie. Dit mag op papier maar ook het tonen op uw smartphone of tablet is voldoende. Zonder het tonen van het betalingsbewijs wordt geen bloed afgenomen.
- Als de betaling is gelukt, neemt u het bloedafnameformulier mee naar de bloedafname locatie.
- Het overzicht van de bloedafname locaties vindt u op [www.meerevannipt.nl](https://www.meerevannipt.nl).

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**NIPTBETALEN.NL**

**Peridoscode  
(voorbeeld)**

**Locatie NIPT-lab**